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| --- | --- | --- | --- | --- | --- | --- |
| OŠ SELA,  Sela 103, 44273, Sela  HEALTHY MEAL STANDARD KIDS MENU: PRODUŽENI BORAVAK  TJEDAN: | | | | | | |
|  | **RUČAK** | **HRANJIVE VRIJEDNOSTI** | **ALERGENI** | **UŽINA** | **HRANJIVE VRIJEDNOSTI** | **ALERGENI** |
| PON | GULAŠ OD MIJEŠANOG MESA S NOKLICAMA, SALATA, VOĆE | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | | 114.49 | 40.82 | 39.88 | 966.25 | | Jaja, Gluten, Celer |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| UTO | PILEĆI PAPRIKAŠ S NJOKIMA ŠKOLE | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| SRI |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| ČET |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| PET |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |

**E – Energijska vrijednost, P – proteini, M – masti, U- ugljikohidrati.** Alergeni se popisuju prema Uredbi (EU) 1169/2011 o informiranju potrošača o hrani, uz dodatak mogućnosti kontaminacije glutenom. **Napomena: Moguće su izmjene u jelovniku ovisno o sezoni i mogućnostima dobavljača.**

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| --- | --- | --- | --- | --- | --- | --- |
| OŠ SELA,  Sela 103, 44273, Sela  HEALTHY MEAL STANDARD KIDS MENU: REDOVNA NASTAVA  TJEDAN: | | | | | | |
|  | **JUTARNJA SMJENA** | **HRANJIVE VRIJEDNOSTI** | **ALERGENI** | **POPODNEVNA SMJENA** | **HRANJIVE VRIJEDNOSTI** | **ALERGENI** |
| PON |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| UTO |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| SRI |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| ČET |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |
| PET |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |  | |  |  |  |  | | --- | --- | --- | --- | | U | B | M | E | |  |  |  |  | |  |

**E – Energijska vrijednost, P – proteini, M – masti, U- ugljikohidrati.** Alergeni se popisuju prema Uredbi (EU) 1169/2011 o informiranju potrošača o hrani, uz dodatak mogućnosti kontaminacije glutenom. **Napomena: Moguće su izmjene u jelovniku ovisno o sezoni i mogućno**